





# 餐牌 MENU













## 沙律 SALADS

-  田園沙律 (配法汁、意大利油醋汁或千島汁)  
Mixed Garden Salad (With French, Italian or Thousand Island Dressing) \$78
- 凱撒沙律 Classic Caesar Salad \$108  
另配煙三文魚 / 扒雞胸 (每款加\$50) Add Smoked Salmon / Grilled Chicken Breast (+\$50)

## 湯 SOUP

- 是日精選餐湯 Daily Soup \$52
-  XO醬龍蝦湯 XO Sauce Lobster Soup \$78 / \$128  
一位用 for one / 兩位用 for two
- 肉骨茶 Bak Kut Teh \$78 / \$128  
一位用 for one / 兩位用 for two

## 主菜 MAIN COURSE

- 金不換蒜香大蜆扁意粉 Linguine with Clam, Garlic and Sweet Basil \$108 
-  雞絲拌麻辣冷麵 Shredded Chicken with Vegetables and Mala Cold Noodle \$148 
- 港青牛肉漢堡配煎蛋, 炸薯條 YMCA Beef Burger with Fried Egg, French Fries \$148 
-  巴東牛肉伴手抓餅 (可轉絲苗白飯)  
Beef Rendeng with Roti (can be changed to steamed rice) \$148 
- 瑤柱珍珠帶子崧子仁炒飯 Fried Rice with Scallops and Pine Nuts \$158 
- 蘇梅島特色燴豬腩伴飯 Koh Samui Braised Pork Belly with Steamed Rice \$158 
- 香煎鯛魚柳配香茜檸檬汁 Pan-fried Pink Snapper with Coriander Lemon Sauce \$228 
- 特式鐵板西冷扒配牛油生汁 (8安士) Beef Striploin Sizzler with Homemade Butter (8oz) \$268 

    
低 Low <-----> 高 High  
氣候影響程度 Level Of Climate Impact




### 升級 UPGRADE

適用於星期一至五 (星期六、日及公眾假期除外)

Available from Mondays to Fridays excluding Saturdays, Sundays and Public Holidays.

- 是日精選餐湯 Daily Soup + \$10
- 咖啡或茶 Coffee or tea + \$10
- 絲苗白飯 Steamed Rice + \$14
- 手抓餅 (一塊) Roti (one piece) + \$25
- 田園沙律 Mixed Garden Salad + \$38
- 鮮果牛角窩夫 Croffle with Seasonal Fruit + \$30
- 熊仔奶茶慕司 Bear Milk Tea Mousse + \$30
- 咸檸檬撻 Salted Lemon Tart + \$40

## 素之食 GREEN CORNER

-  藜麥牛油果羽衣甘藍沙律 Kale, Quinoa, Avocado, Red Cabbage Salad with Vinaigrette \$108
-  紅燒珍菌竹筍豆腐煲伴絲苗白飯 \$108  
Braised To-fu with Mushroom and Bamboo Pith in Claypot with Steamed Rice
-  黑松露野菌扁意粉 Black Truffle Wild Mushroom Linguine \$128

另收加一服務費 A 10% service charge is required

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## 港青特色 Y-CORNER

干炒牛河 Fried Rice Noodles with Beef	\$118
港青公司三文治 (日式蛋沙律, 照燒雞胸片, 蕃茄, 青瓜, 紫椰菜絲) YMCA Club House Sandwich (Japanese Egg Salad, Teriyaki Chicken Breast, Tomato, Cucumber, Shredded Purple Cabbage)	\$118
港式焗豬扒飯 Baked Pork Chop with Egg on Fried Rice	\$148
海南雞飯 Hainanese Chicken Rice Set	\$168

## 港青美食 YMCA DELICACIES

YMCA全日早餐 All Day Breakfast 鹽燒三文魚、溫泉蛋、大啡菇、本菇、照燒雞胸、牛油果、沙律菜、車厘茄、多士 Seared Salmon, Onsen Egg, Portobello, Shimeji, Teriyaki Chicken Breast, Avocado, Lettuce, Cherry Tomato, Toast	\$178
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## 兒童套餐 CHILDREN SET MEAL

照燒迷你牛肉漢堡, 日式雞蛋沙律配櫻桃蕃茄, 炸薯條, 新鮮水果 Teriyaki Mini Beef Burger Steak, Japanese Egg Salad with Cherry Tomato, French Fries, Fresh Fruit	\$108
芝士通粉, 炸雞堡, 粟米沙律配櫻桃蕃茄, 新鮮水果 Mac & Cheese, Chicken Nugget, Sweet Corn Salad with Cherry Tomato, Fresh Fruit	\$108


## 甜食 SWEETS

鮮果牛角窩夫 Croffle with Seasonal Fruit	\$78
熊仔奶茶慕司 Bear Milk Tea Mousse	\$88
咸檸檬撻 Salted Lemon Tart	\$88
流心咸蛋心太軟 Salted Egg Yolk Custard Lava Cake	\$92
爆珠楊枝甘露 (兩位用) Nectar of Mango, Pomelo, Sago and Popping Boba (for two)	\$148

## 精選下午茶 AFTERNOON TEA SET

只適用於下午3時至6時

Only available between 3pm and 6pm

港青精選蛋糕 YMCA Cake Temptation	\$70
越式牛油雞翼 (6隻) Vietnamese Chicken Wing with Butter & Garlic (6pcs)	\$78
鷹嘴豆蓉、牛油果多士配雜菜沙律 Hummus Avocado Toast with Mixed Green Salad	\$78
 墨西哥辣肉醬薄餅 Tortilla with Spicy Minced Pork (Lettuce, Yoghurt, Avocado, Tomato Salsa)	\$88
咖央西多士伴鮮果 Kaya French Toast with Fruits	\$88
越式牛肉湯河 Vietnamese Beef Rice Noodle	\$98

奉送咖啡或茶 All served with Coffee or Tea

下午茶套餐 (兩位用) Afternoon Tea Set (for two) 星期一至五 Mon to Fri	\$348
星期六、日及公眾假期 Sat to Sun, Public Holidays	\$368

奉送咖啡、茶或精選特飲 All served with Coffee, Tea or selected Special Drink

另收加一服務費 A 10% service charge is required





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## 精選咖啡 FLAVOURED COFFEE

	<u>熱 Hot</u>	<u>凍 Cold</u>
即磨咖啡 YMCA Coffee	\$40	\$45
特濃咖啡 Espresso	單份 Single \$40	
	雙份 Double \$50	
意大利泡沫咖啡 Cappuccino	\$46	\$52
鮮奶咖啡 Café Latte / 朱古力咖啡 Café Mocha	\$46	\$52
焦糖咖啡 Caramel Latte	\$46	\$52
榛子咖啡 Hazelnut Latte	\$46	\$52
雲呢拿咖啡 Vanilla Latte	\$46	\$52

## 冷熱飲品 COLD & HOT BEVERAGES

	<u>每壺 Per Pot</u>	<u>熱 Hot</u>	<u>凍 Cold</u>
奶茶 Tea / 檸檬茶 Lemon Tea	\$40	----	\$45
檸檬蜜糖水 Hot Lemon Water with Honey	\$42	----	---
鮮奶 Milk	----	\$38	\$40
朱古力 Chocolate	----	\$40	\$45
好立克 Horlicks	----	\$40	\$45

## 精選茶類 FLAVOURED TEA

	<u>每壺 Per Pot</u>
中國茶 Chinese Tea 香片 / 普洱 / 鐵觀音 Jasmine / Po Li / Iron Buddha	\$38
香草茶 Herbal Tea 伯爵 / 薄荷 / 大吉嶺 / 洋甘菊 Earl Grey / Peppermint / Darjeeling / Chamomile (以上各款茶可配蜜糖 / 檸檬 / 鮮奶) (Above tea served with Honey / Lemon / Milk)	\$42

## 果汁 JUICE / 礦泉水 MINERAL WATER

	<u>每杯 Per Glass</u>
橙汁 Orange Juice / 蘋果汁 Apple Juice	\$36
依雲礦泉水 Evian Mineral Water	\$40
巴黎礦泉水 Perrier	\$40

另收加一服務費 A 10% service charge is required





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## 汽水 SOFT DRINKS / 特飲 SPECIAL DRINKS

	<u>每杯 Per Glass</u>
汽水 (可樂 / 雪碧 / 無糖可樂) Soft Drinks (Coke / Sprite / Coke Zero)	\$30
蜜糖柳橙檸檬梳打 Honey, Orange, Lemon Soda	\$53
草莓乳酸梳打 Strawberry Yogurt Soda	\$53
藍天乳酸梳打 Blue Sky Yogurt Soda	\$53
班蘭生椰乳特飲 Pandan Coconut Milk	\$55
紫薯生椰乳特飲 Sweet Purple Potato Coconut Milk	\$55
白桃伯爵冰茶 White Peach, Earl Grey Iced Tea	\$55

## 啤酒 BEER / 餐酒 HOUSE WINE

	<u>每罐 Per Can</u>	
海特啤 Hite Beer	\$50	
朝日啤 Asahi Beer	\$55	
青島啤 Tsing Tao Beer	\$55	
	<u>每支 Per Bottle</u>	<u>每杯 Per Glass</u>
精選紅/白餐酒 House Red / White Wine	\$260	\$50
氣泡酒 Sparkling Wine Rivani Prosecco Spumante Extra Dry	\$500	
香檳 Champagne Moet & Chandon Imperial Brut NV	\$1680	

另收加一服務費 A 10% service charge is required

自來餐酒將會收取每支\$150的開瓶費 Corkage fee at HK\$150 net per bottle  
自來蛋糕將會收取每個\$100的切餅費 Cake cutting fee at HK\$100 net per cake

